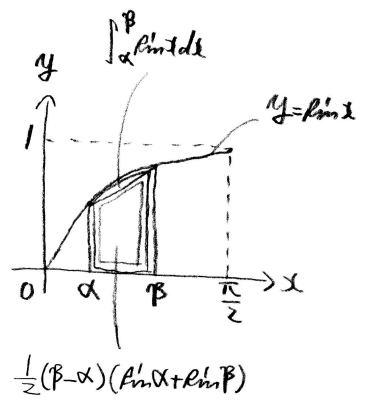


左図より  $\int_{\alpha}^{\beta} \cos x dx = \int_{\pi-\beta}^{\pi-\alpha} \cos x dx$   
 $\cos(\pi-\beta) = -\cos \pi \cdot \cos \beta = \cos \beta$   
 よって  
 $\int_{\alpha}^{\beta} \cos x dx > \frac{1}{2}(\beta-\alpha)(\cos \alpha + \cos \beta)$   
 左図より  
 右図より ①より成り立つ。



(2) (1)より  
 $\int_0^{\pi} \cos x dx$

$$= \int_0^{\frac{\pi}{8}} \cos x dx + \int_{\frac{\pi}{8}}^{\frac{2\pi}{8}} \cos x dx + \int_{\frac{2\pi}{8}}^{\frac{3\pi}{8}} \cos x dx + \int_{\frac{3\pi}{8}}^{\frac{4\pi}{8}} \cos x dx + \int_{\frac{4\pi}{8}}^{\frac{5\pi}{8}} \cos x dx + \int_{\frac{5\pi}{8}}^{\frac{6\pi}{8}} \cos x dx + \int_{\frac{6\pi}{8}}^{\frac{7\pi}{8}} \cos x dx + \int_{\frac{7\pi}{8}}^{\pi} \cos x dx$$

$$> \frac{\pi}{8}(\cos 0 + \cos \frac{7\pi}{8}) + \frac{\pi}{8}(\cos \frac{\pi}{8} + \cos \frac{6\pi}{8}) + \frac{\pi}{8}(\cos \frac{2\pi}{8} + \cos \frac{5\pi}{8}) + \frac{\pi}{8}(\cos \frac{3\pi}{8} + \cos \frac{4\pi}{8})$$

$$= \frac{\pi}{8} \sum_{k=1}^7 \cos \frac{k\pi}{8} \quad \text{--- ①}$$

$$\int_0^{\pi} \cos x dx = [-\cos x]_0^{\pi} = -(-1) - (-1) = 2 \quad \text{--- ②}$$

①②より  $2 > \frac{\pi}{8} \sum_{k=1}^7 \cos \frac{k\pi}{8}$ ,  $\sum_{k=1}^7 \cos \frac{k\pi}{8} < \frac{16}{\pi}$